

ResMed AirSense 10 Auto for Her



The AirSense™ 10 AutoSet™ for Her is the latest addition to the AutoSet technology by Resmed. It is the first machine of its kind designed to treat sleep apnea in women. Statistics show that 40% of new sleep apnea cases are women, hence the need to treat them with machines especially designed for female patients. It is normal for women to take a while to fall asleep, just the same way it is normal for women to experience more arousals in their sleep as compared to men. It is also common to hear of women with short hypopneas and apneas.

This product has an auto adjust humidifier which aids in checking for humidity levels and adjusts accordingly. It can also detect apnea events including Cheynes-Stokes and central sleep apnea. If you so wish, you can even get your pulse read by this machine.

One of the biggest complaints that arise from the use of CPAP machines is the fact that they are so noisy. However, with the AirSense $^{\text{TM}}$ 10 AutoSet $^{\text{TM}}$, you are guaranteed of a peaceful night's rest for both you and your partner.

Worried about waking up to an all too bright screen? This product has an ambient light sensor which means that the screen's brightness will depend on the amount of light available in a room.

This CPAP machine comes with a humidifier, although it is optional to use. Most customers prefer to use humidifiers in order to prevent buildup of condensation in the masks. Additionally, clinical studies have managed to prove that most patients respond better to a CPAP machine with a humidifier.

The Expiratory Pressure Relief feature helps in reducing the discomfort experienced while breathing out against the pressure. Customers report getting better rest with this feature.

The AirSense[™] 10 AutoSet[™] is so advanced that it is able to distinguish between central and obstructive sleep apneas. It can also detect whether it is Cheynes-Stokes. Once it detects which type of apnea you are suffering from, it will adjust the pressure levels to suit your needs.

The AirSense™ 10 AutoSet™ comes with wireless technology that allows it to upload data including



pressure settings, mask leaks and apnea levels. If you experience any problems while using the device, the settings can always be readjusted and this new information will be stored away for later use.

The AutoRamp feature detects when a patient has fallen asleep and lowers the pressure accordingly. This ensures that the patient is not overwhelmed with too much pressure to the point where she cannot breathe properly. If obstruction is detected during sleep, then the pressure is increased in order to free the airway.

Each time you awaken during sleep, it will be recorded by Respiratory Effort Related Arousals (RERA). This information will be useful to your doctor during treatment.

All our ResMed CPAP are Australian made with Australian ResMed Warranty.

Product Information

This product comes with:

- AirSense™ 10 AutoSet™ machine
- Cary bag
- Humidifier
- Heated tubing
- SD card and manuals
- AirView software connection
- Optional 5 year warranty is available